

Update from Bay Lake Retreat Center

Hello and Happy Spring!

In 2021 Northern Pines began an intentional expansion of the Mission. The Board of Directors unanimously voted to purchase an island retreat center (Church Island) on Bay Lake in Deerwood, Minnesota. The Bay Lake Retreat Center will focus on mental wellbeing by providing preventive, educational and conference services. We are in the excited planning stages and will soon have additional communications about the offerings for Summer 2022. We welcome you to participate! Please keep watch on our Facebook page or at www.NPMH.org.

At Northern Pines we serve people of all ages. We have specialized programs, we have exceptional therapists, highly trained in evidenced based practices, we have compassionate skills-based practitioners and we have delightful care coordinating supportive staff to guide you through the process from inquiry right through to setting up appointments. Our goal is to Enhance Lives and Restore Hope!

I am so proud to lead this organization of joy-filled, committed individuals and invite you contact me to learn more about our organization.

Looking Forward,
Laura Vaughn, Executive Director

Bay Lake Retreat Center Project Updates:

- This winter has been filled with projects on the island. Once an ice road was established, we went to work on getting contractors and crews out to the island. Projects include: pumped all four septic tanks, filled all five propane tanks, updated main buildings to energy efficient lighting, patched and painted the inside of the lodge, installed new carpet in the dining hall, replaced roof on maintenance building and general island cleanup including but not limited to removing inoperable snowmobiles, sailboats, lawn mowers, furniture, outhouse, etc.



Plans for 2022

- We are in the planning stages of incorporating NPMH services at the island, while also looking for outside groups that reflect our mission of Enhancing Lives, Restoring Hope.
 - **Northern Pines Mission:** Northern Pines is an integrated system of services committed to individuals, families and communities. We are dedicated to providing appropriate clinical mental health care along with preventative, educational and supportive programs throughout Central Minnesota.
- We are excited for the future of hosting conferences, trainings, wellness retreats, as well as children and adult programming which fit our mission. For booking inquiries go to www.npmh.org/baylake
- **Pizza Night!**
 - Please join us for a community pizza night on Thursday, July 7th
 - More details to come, please watch our Facebook page
- **Access on the Island**
 - Hiking trails are open to the public on our DNR easement, please enjoy!
 - You will notice additional signage as you enter the building envelope of the island. Please contact us if you would like to enter this section of the island as we may have programming in progress.

Needs

- Lifeguard
 - We are looking to hire a lifeguard for the summer. If you know of someone 18+ that has a lifeguard certificate or is interested in becoming lifeguard certified, please contact Hannah Masog at careers@npmh.org.
- Other Career Opportunities
 - Northern Pines has other career opportunities in the Mental Health field. If you or someone you know is interested in part-time or full-time work, please contact us at careers@npmh.org.

Contact us!

- There are various ways to get in contact with us on the island:
 - **Email:** island@npmh.org
 - **Phone:** 218-678-2271
 - **Facebook:** facebook.com/BayLakeRetreatCenter
 - **Website:** npmh.org/baylake
 - Deb Watson Bay Lake Retreat Center Director
- We love hearing about the rich history of the island, contact us to tell your story!